

# SCHEDULE OF EVENTS

Saturday, March 8, 2025

7:30am - Doors Open for Athletes

7:30am – Implement Inspection/Weigh-In Begins in Turf Room

8:00am - Doors Open for Spectators

9:00am - Field Events

- Pole Vault - Boys First - Opening Height 12'
- Pole Vault – Girls compete following boys – Opening Height 9'
- High Jump – Girls First – Opening Height 4'8"
- High Jump – Boys compete following girls - Opening Height 5'8"
- Weight Throw – Girls First on Track Infield
- Shot Put - Girls First - Will take place following both genders of Weight Throw on Track Infield

11:55am – National Anthem

12:00pm - Running Events - **GIRLS RUN FIRST**

- 60m Hurdle Prelims - 24 Athletes Advance to Semis (Heat Winner + Next Fastest)
- 60m Prelims – 24 Athletes Advance to Semis (Heat Winner + Next Fastest)
- DMR (1200-400-800-1600) - Timed Final - Fastest Heats Last
- 60m Hurdle Semis - 3 Heats - Top 8 to Final (Heat Winners + 5 Fastest Times)
- 60m Semis - 3 Heats - Top 8 to Final (Heat Winners + 5 Fastest Times)

*~ AWARDS BREAK ~*

*Boys/Girls Pole Vault, Girls/Boys Weight Throw, Girls Shot Put, Girls High Jump, Boys/Girls DMR (if events aren't completed, the awards will be given in next awards session)*

- 200m Semis - Top 12 to Final
- MS 200m - Timed Final
- MS 800m - Timed Final
- SMR (400-200-200-800) - Timed Final - Fastest Heat Last
- 3200m - Timed Final
- 4 x 200m Relay - Timed Final - Fastest Heat Last

*~ FINAL AWARDS DAY #1*

*Boys Shot Put, Boys High Jump, MS 200, MS 800, Boys/Girls SMR, Boys/Girls 3200m and Boys/Girls 4x200*

Sunday, March 9, 2025

7:30am - Doors Open for Athletes

7:30am – Implement Inspection/Weigh-In Begins in Turf Room

8:00am - Doors Open for Spectators

9:00am - Field Events

- Long Jump - Boys on backstretch side, Girls on home straight side
- Triple Jump (*upon completion of LJ*) - Boys First
- Discus - Boys First – (Competed in Turf Room)

11:55am – National Anthem

12:00pm - Running Events - Girls Run First

- 4 x 800m Relay - Timed Final - Fastest Heat Last
- 60m Hurdle Final - 1 heat
- MS 60m - Timed Final - Fastest Heat Last
- 60m Final - 1 heat

*~ AWARDS BREAK ~*

*Boys/Girls Discus, Boys/Girls Long Jump, Boys Triple Jump, Boys/Girls 4x800, Boys/Girls 60m Hurdles, Boys/Girls MS 60m Dash, Boys/Girls 60m Dash  
(if events aren't completed, the awards will be given in next awards session)*

- MS 1600m - Timed Final - Fastest Heat Last
- 1600m - Timed Final - Fastest Heats Last
- MS 400m - Timed Finals - Fastest Heat Last
- 400m - Timed Final - Fastest Heat Last

*~ AWARDS BREAK #2 (approx. 30 minutes)*

*Boys/Girls MS 1600m, Girls Triple Jump, Boys/Girls 1600m, MS400, Boys/Girls 400m  
(if events aren't completed, the awards will be given in next awards session)*

- 800m - Timed Final - Fastest Heat Last
- 200m Final - 2 heats - Fastest Heat Last

*~ AWARDS BREAK #3 (approx. 20 minutes)*

*Boys/Girls 800m, Boys/Girls 200m,*

- 4 x 400m - Timed Final - Fastest Heat Last

*~ FINAL AWARDS DAY #4*

*Boys/Girls 4x400m*